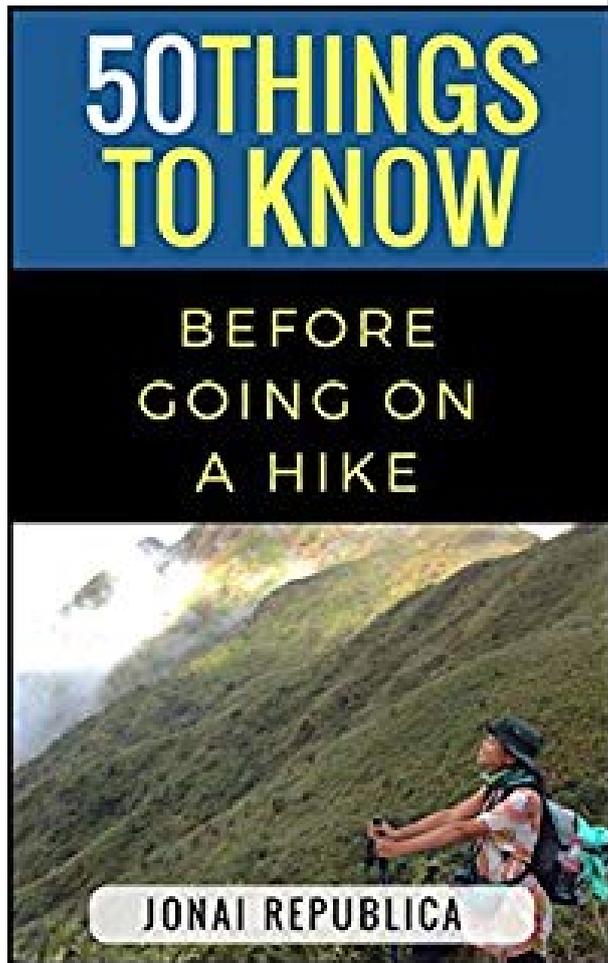


# 50 Things To Know Before Going on a Hike: A Beginner's Guide To A Safe and Meaningful Outdoors Experience



<b>Author:</b>	Jonai Republica
<b>Goodreads Rating:</b>	3.80
<b>Published:</b>	May 22nd 2017 by CZYK Publishing
<b>ASIN</b>	B06XC5J8CZ
<b>Pages:</b>	59

[50 Things To Know Before Going on a Hike: A Beginner's Guide To A Safe and Meaningful Outdoors Experience.pdf](#)

[50 Things To Know Before Going on a Hike: A Beginner's Guide To A Safe and Meaningful Outdoors Experience.epub](#)

Do you want to try hiking but fear getting injured, lost or worn out? Do you want to know how to maximize the benefits of going outdoors? Are you looking for a beginner-friendly guide to help you make your trip safer, enjoyable, meaningful yet tiring? If you answered yes to any of these questions, then this book is for you... 50 Things To Know Before Going On A Hike by Jonai Republica offers an approach to help you be prepared enough to have a fun, safe and meaningful hike. Most books on hiking tells you the authors' trail stories, mishaps and ons learned during their own grand adventures, as well as tips on the best gears to bring. Although there's nothing wrong with that, it is equally important for beginners to know what to do before and during the hike to make the best out of the experience. Based on knowledge from the world's leading experts, the best outdoors experience comes to those who are prepared. In these pages you'll find a combination of planning guides, preparation and packing tips, hiking techniques, and life ons that others only have known by experience after they have suffered the consequence of ignorance. This book will help you prepare logistically, physically, mentally and spiritually before you hit the trail. By the time you finish this book, you will know

everything you need to know to have a successful and memorable hike. So grab YOUR copy today.

You'll be glad you did. For each 50 Things to Know book that is sold (not including free days), 10 cents is given to teaching and learning.

Go to [50ThingsToKnow.com/GivingBack](http://50ThingsToKnow.com/GivingBack) to find out more.