

# Guru Bani: 100 Ways to Attain Inner Peace

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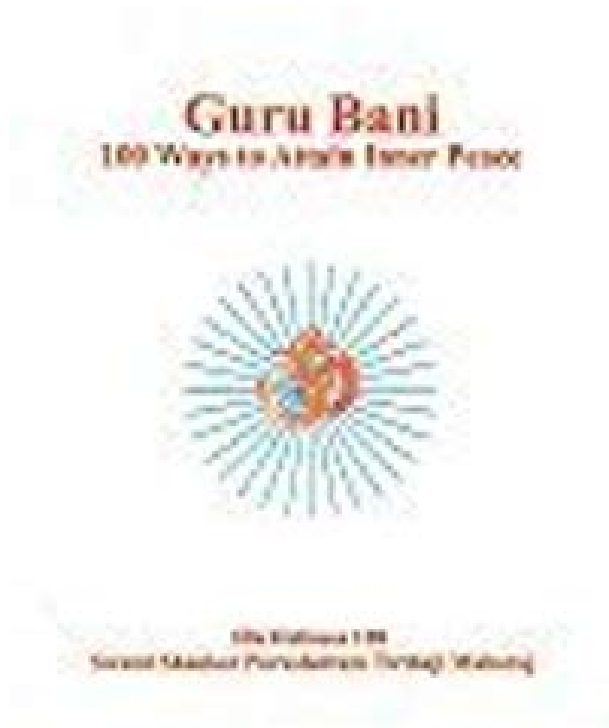
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100 short paragraphs on how to find inner peace through living a peaceful lifestyle in tune with the laws of nature.

An authentic, original spiritual book written in the 1900's by the esteemed saint, Swami Shankar Purushottam Tirtha, author of Yoga Vani.