

# Lunch at the 5 & 10

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REVISED AND EXPANDED EDITION

Miles Wolff

Introduction by August Meier

The story of the Greensboro sit-ins—  
how four African-American college students  
sat down at a Woolworth's lunch counter in  
North Carolina and ignited the civil rights  
movement in America.

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Lunch at the 5 & 10 is the story of the Greensboro sit-ins how four African-American college students sat down at a Woolworth's lunch counter in North Carolina and ignited the civil rights movement in America. The year was 1960, but the racial sensibilities of Americans were light years removed from what they are today. Mr. Wolff's even-handed account of this pivotal event in our race relations has been widely praised since it was first published in 1970. In this new edition, the author adds a new conclusion, written after the 30th anniversary commemoration of the event where the Greensboro Four met once again. August Meier's introduction places the Greensboro sit-in in historical context and explains its importance in the course of the civil rights movement. "A remarkable account...reads like a novel. Wolff has recaptured these days with a sense of their drama, with deft characterizations of the principals, and with a sure feeling for the mood....An extraordinary accomplishment." Book World."