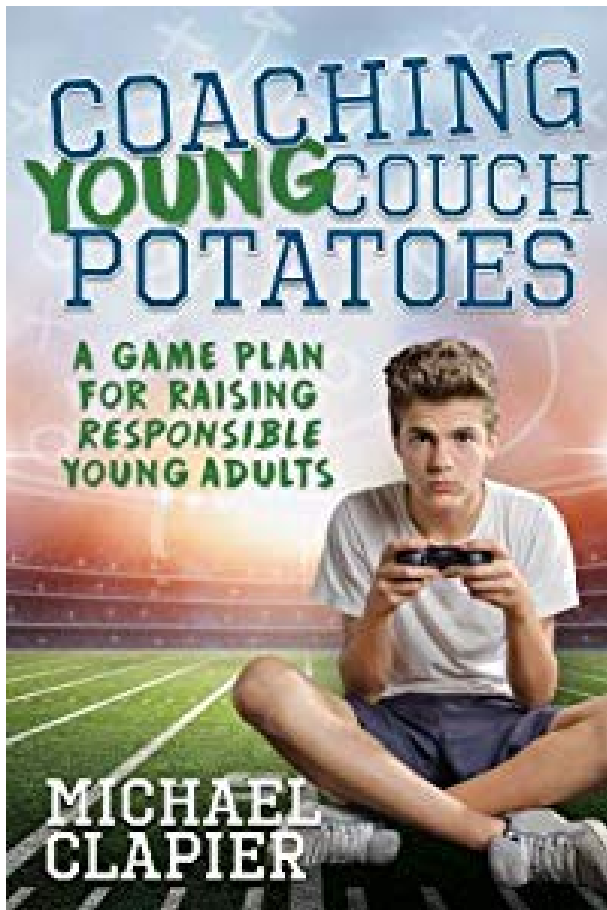


Coaching Young Couch Potatoes: A Game Plan for Raising Responsible Young Adults



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How do you raise healthy, responsible children in an irresponsible world? Sports.

Today's children desperately need sports that are more than just time-filler activities or stand-in babysitting. Properly coached kids learn physical, mental, and emotional skills that will keep them going through the tough times in their future. Full of practical advice from a nationally recognized coach, this book is a must-read for parents, leaders, and inexperienced coaches of any sport.