

# Cooking on a Bootstrap: Over 100 simple, budget recipes



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Jack Monroe is a campaigner, food writer and activist. Her first cookbook *A Girl Called Jack*, was a runaway bestseller selling nearly 60,000 copies. The sequel *Cooking on a Bootstrap* makes budget food fun and delicious, with 118 incredible new recipes including Fluffy Berry Pancakes, Self-Love Stew, Marmite Mac 'n' Cheese and Hot Sardines with Herby Sauce. Chapters include Bread, Breakfasts, A Bag of Pasta and a Packet of Rice, Spuds and Eat More Veg. There are vegan, sweet and what Jack calls 'contraband' dishes here, as well as nifty money-saving tips.

With her trademark humour and wit, Jack shows us that affordable, authentic and creative recipes aren't just for those with fancy gadgets or premium ingredients. Initially launching this book as a limited edition on Kickstarter, Jack reached the funding target in just one day. This updated edition contains illustrations and original full-colour photographs to really make your mouth water.