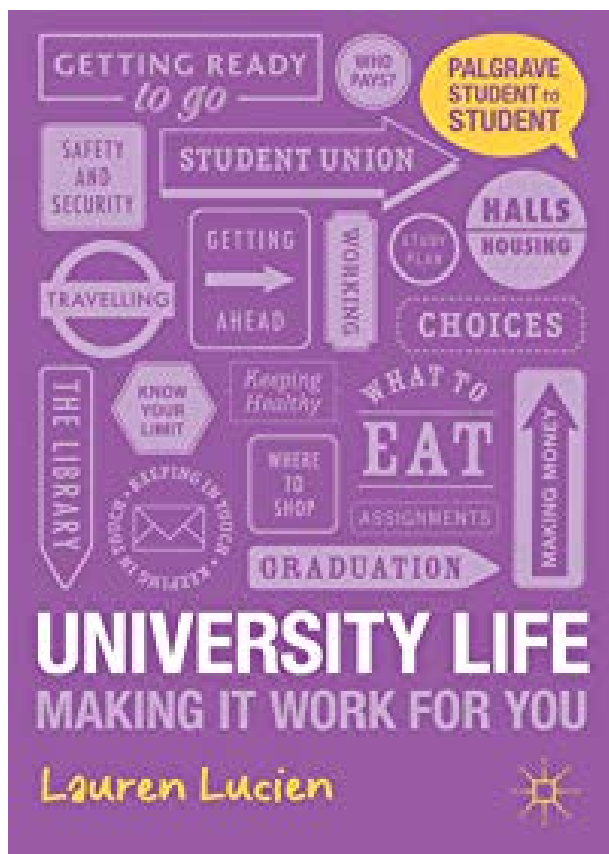


University Life: Making it Work for You



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'Hello and welcome to the start of your university life. I'm Lauren and I wrote this book as a student. Now that uni is more expensive than ever it's essential to have a guide that'll help you through sticky situations, learn how to study well and have fun at the same time - because I think we should be getting the most we can for our money. Hope you enjoy reading it and starting your new life as a student!' Lauren Lucien Creative Writing with English Literature graduate, Kingston University, UK Make university life work for you with the most up-to-date guide to student life. Do you want to know: • what it is really like when you start uni and what you should take with you • how to successfully tackle assignments and manage exams • what to eat, the best way to budget your money, and how to keep yourself healthy • how to make the most out of your time in higher education With masses of tips and inside stories from fellow students, you'll get first-hand, genuine information on what being a student is really like.