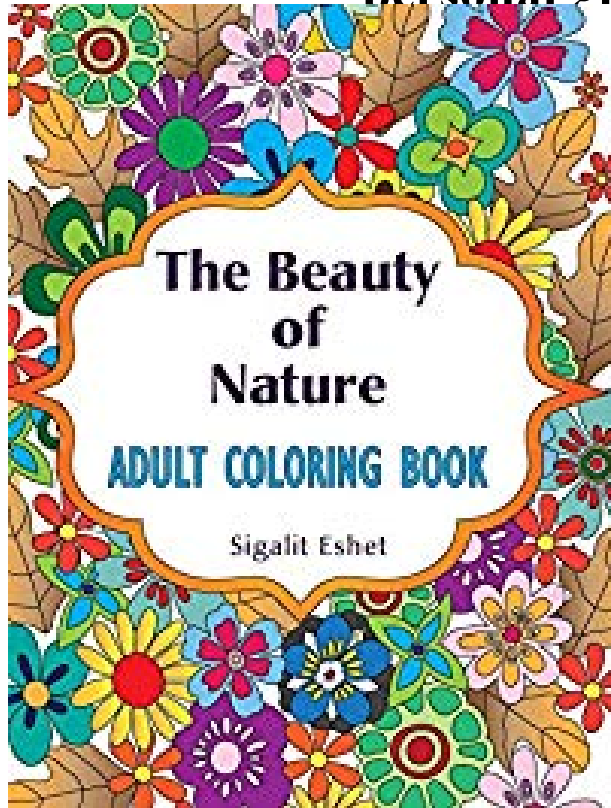


Adult coloring book: The beauty of nature: Coloring book for adults with beautiful designs for relaxing, fun, personal growth and meditation



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Please note: At the end of the book you will find a FULL pdf file containing all of the illustrations. Just print it and start painting! The intensive and hectic reality of our daily life brings many of us to seek relaxation and peace. Coloring the illustrations in this book will give you a chance for introspection, bringing calm moments for new thoughts and ideas, exactly like meditating. The book provides hours of experiential personal creation. There is no need for previous experience in drawing or painting, the book suits everyone who wishes to relax. A great opportunity to release stresses in a fun and creative way. Suitable for all ages. The book includes 26 illustrations, with extra beautiful elements and moments from nature on each page. Sigalit Eshet is a graphic designer and a mosaic artist. You can find Sigalit's Mosaic Art books on Amazon.