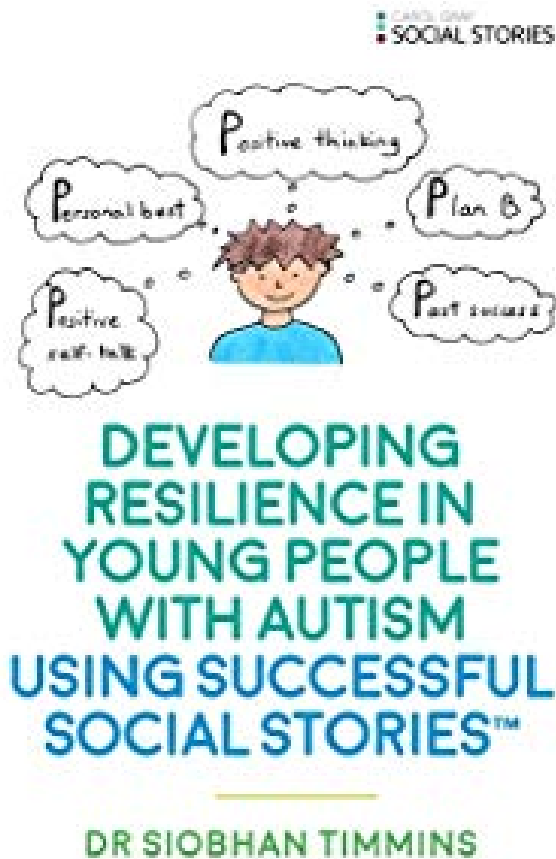


Developing Resilience in Young People with Autism using Social Stories™



[Developing Resilience in Young People with Autism using Social Stories™.pdf](#)

[Developing Resilience in Young People with Autism using Social Stories™.epub](#)

Young people with autism can be particularly susceptible to setbacks, often leading to depression and a sense of hopelessness.

Using Social Stories™, this book introduces a different way of looking at common life setbacks, and offer tools to overcome these obstacles, build resilience and develop coping strategies for the future. Based on Carol Gray's highly effective Social Stories™ model, this new guide shows how to help individuals with autism deal with challenges specific to them, and how to bounce back from the negative experiences that they encounter. This book is an invaluable guide for learning to create personalised Social Stories™ that can be used to develop resilience in people with autism and help them to cope better with adversity.