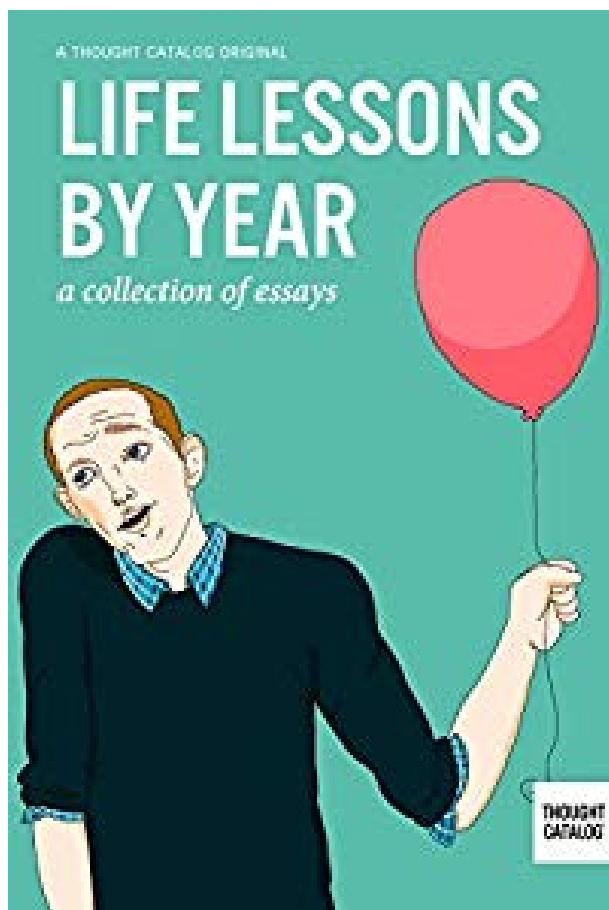


Life Lessons, By Year



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The saying "You're only young once" isn't really applicable to our generation. The time capsule that is Thought Catalog lets readers live it and relive it again. Many of our writers have gotten into a habit of composing year-in-review lists on the eve of their birthdays. Here, we've combined essays from writers 18-31 years of age. While desires and reactions might change from year to year, you'll notice that at every age, we all want the same thing: to waste time worrying and more time doing.