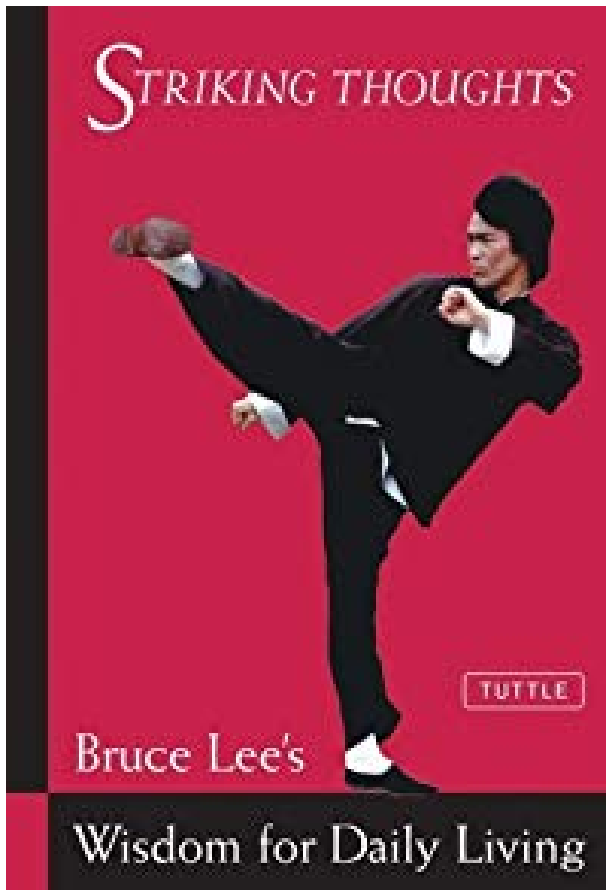


Striking Thoughts: Bruce Lee's Wisdom for Daily Living



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"A teacher is never a giver of truth—he is a guide, a pointer to the truth that each student must find for himself. A good teacher is merely a catalyst."—Bruce Lee

Within the pages of *Striking Thoughts*, you will find the secrets of Bruce Lee's amazing success— as an actor, martial artist, and inspiration to the world. Consisting of eight sections, *Striking Thoughts* covers 72 topics and 825 aphorisms—from spirituality to personal liberation and from family life to filmmaking—all of which Bruce lived by. His ideas helped energize his life and career, and made it possible for him to live a happy and assured life, overcoming difficult obstacles with seeming ease. His ideas also inspired his family, friends, students, and colleagues to achieve success in their own lives and this personal collection will help you in your journey too. Sections include: On First Principles—including life, existence, time, and death On Being Human—including the mind, happiness, fear, and dreams On Matters of Existence—health, love, marriage, raising children, ethics, racism, and adversity On Achievement—work, goals, faith, success, money, and fame On Art and Artists—art, filmmaking, and acting On Personal Liberation—conditioning, Zen Buddhism, meditation, and freedom On the Process of Becoming—self-actualization, self-help, self-expression, and growth On Ultimate (Final) Principles—Yin-yang, totality, Tao, and the truth

This Bruce Lee Book is part of the Bruce Lee Library which also features: Bruce Lee: The Celebrated Life of the Golden Dragon Bruce Lee: The Tao of Gung Fu Bruce

Lee: Artist of Life Bruce Lee: Letters of the Dragon Bruce Lee: The Art of Expressing the Human Body Bruce Lee: Jeet Kune Do